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UNH  
Live Free  
*or Ride Harder*

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Sunday  
April 17, 2011  
Strafford, NH  
Held under USA Cycling event permit



Collegiate categories are open only to full time students with valid USAC Collegiate licenses. **New non-collegiate women racers with 1-day or first time Category 4 licenses may enter Collegiate Women's Intro category.** USA Cycling Collegiate & general yearly and 1-day licenses available for sale on site.

Pre-Registration is available on-line at BikeReg.com, where service charges might apply. Registrations not received before 10:00 pm on April 14, 2011 will incur a \$5 per rider per event late fee. Large ECCC Teams may submit a spreadsheet with the following information: Rider Name, USAC License Number, Race Category and Races being entered for each rider. This spreadsheet must be received by 10:00 pm on April 14, 2011 sent to Matt Holub at [mrv57@unh.edu](mailto:mrv57@unh.edu) in order to avoid a \$5 late registration fee per rider per event.

Registration is located at the registration tent near the finish of the team time trial. It opens 1 hour before the start of the first scheduled race and ends 15 minutes before the start of each race.

Promoter is not required to refund pre-registration in an event of an unforeseen cancellation.

**Medical:** Strafford ambulance available with service to Wentworth-Douglass Hospital in Dover, NH and to Frisbie Memorial Hospital in Rochester, NH.

Wentworth Douglass Hospital  
789 Central Ave, Dover, NH 03820  
603-742-5252

Frisbie Memorial Hospital  
11 Whitehall Rd, Rochester, NH 03867  
603-332-5211

**ECCC Host Housing:** Contact our Housing Coordinator, Taylor Smith, for information on available host housing.

Taylor Smith  
[tbt7@unh.edu](mailto:tbt7@unh.edu)  
(978) 502-9093

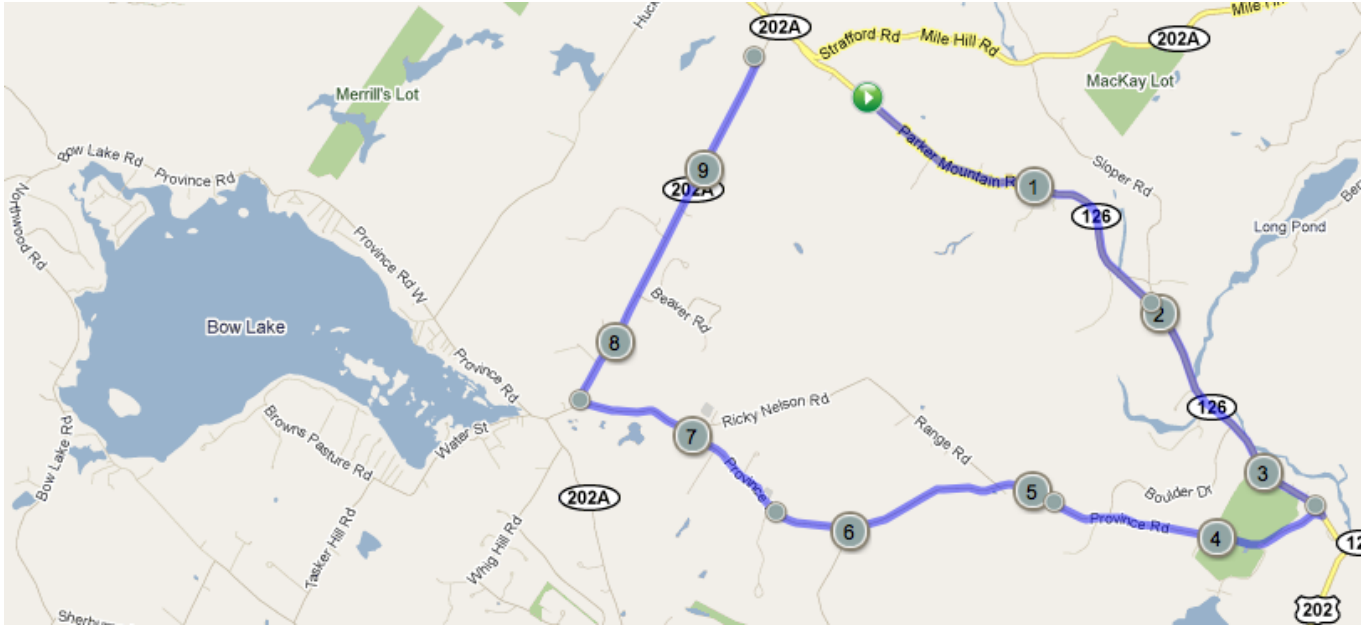
## Men's Cat 4/5 race

- Entry fees are \$30 per rider.
- Registration directions for the cat 4/5 race are the same as those for the collegiate race, and the same late fees apply.
- **Prizes:** For less than 30 riders \$200 (3 places deep), For more than 30 riders \$300 (5 places deep)

# Team Time Trial

## 9.63 mile course

\$20 per team



The Time Trial course starts on a long down hill, with a sharp right turn uphill past the golf course. The rolling hills continue to the finish in front of the school. Riders must respect the yellow line rule throughout the entire loop.

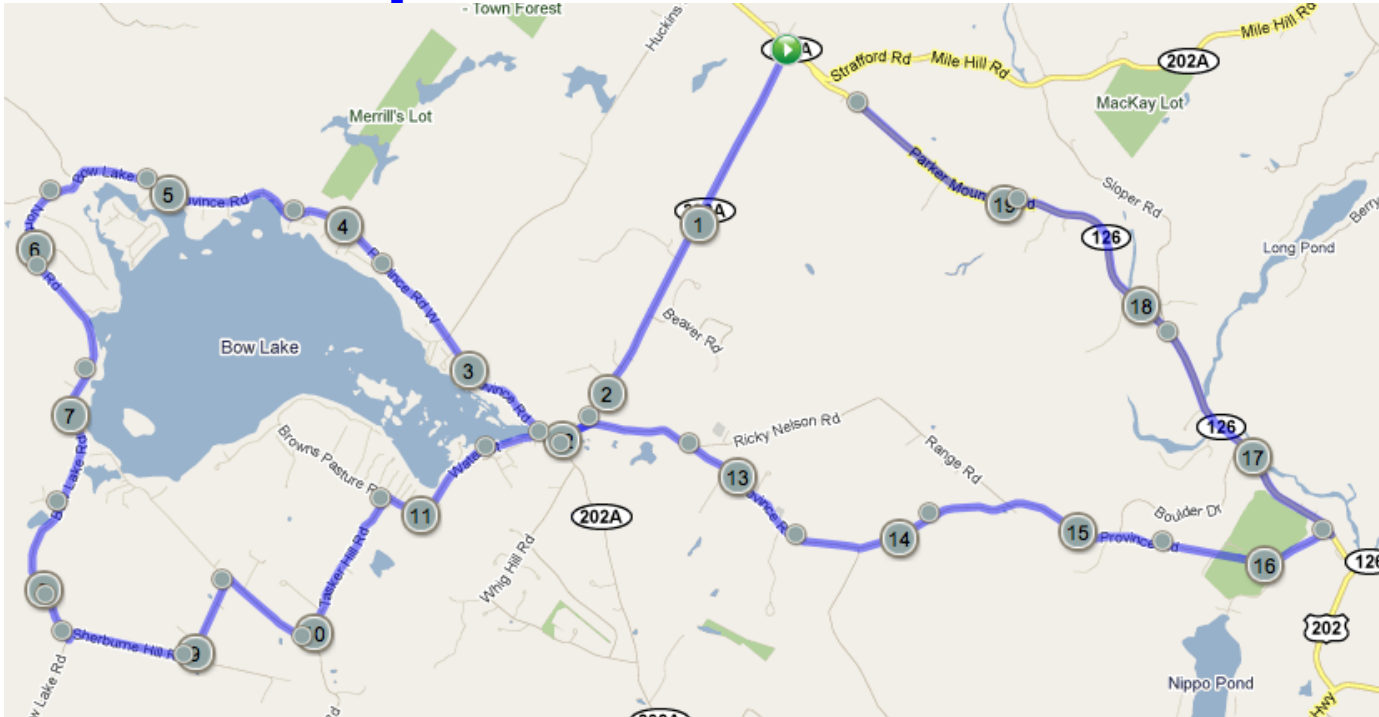
TTT	9.6 miles
8:00	Men D
To Follow	Women C
	Men Intro
	Women Intro
	10 minute break
	Men A
	Men B
	Men C
	Women A
	Women B

# Road Race

## 19.9 miles

\$15 per collegiate racer

\$30 per men's cat 4/5 racer



### Road Race

The Road race course is a 19.9 mile loop with a start at the top of a hill next to an elementary school. The course runs counter-clockwise around Bow Lake, and then over to a golf course in a figure eight pattern. This course combines steep climbs, gradual hills as well as several flat sections. Riders must respect the yellow line rule throughout the entire course.

\*\*Intro racers will meet at the staging area 30 minutes prior to the start of their race for an off-course clinic.

9:30	Men C	2 laps/ 39.8 miles
9:40	Men D	2 laps/ 39.8 miles
9:50	Women C	2 laps/ 39.8 miles
9:55	Men Intro	1/2 lap/ 10 miles
10:00	Women Intro	1/2 lap/ 10 miles
BREAK		
12:00	Men A	4 laps/ 79.6 miles
12:05	Men B	3 laps/ 59.7 miles
12:10	Men Cat 4/5	3 laps/ 59.7 miles
12:15	Women A/B	3 laps/ 59.7 miles

## Directions

**From west** - From I-93, take exit for I-393 towards route NH-4 and NH-9. At the traffic circle, take the 3rd exit onto NH-28 N/Rockingham Rd N/Suncook Valley Rd. Follow for ~10 miles. Turn right on NH-126 and follow for 11 miles. Turn right on Rollercoaster Rd, parking on right.

**From east** - Take I-95 to NH-4. At the traffic circle, take the 1st exit onto NH-125 N/Calef Hwy. After 4.5 miles turn left at NH-9 W/Franklin Pierce Hwy W/Littleworth Rd after. At the end of the road, turn right on U.S. 202 E, then take your 2nd left onto NH-126 N. After 4 miles, turn left on Rollercoaster road, parking is on the right.

**GPS** - Intersection of Rollercoaster Rd(202A) and Parker Mountain Rd (NH-126), Strafford, NH

Parking will be at the strafford school on rollercoaster rd.

## Contact info

### Race Promoter:

Allison Gehrlich

[ahd8@unh.edu](mailto:ahd8@unh.edu)

(410)251-9291

### Co-Race Promoter:

Bella Oleksy

[bellaoleksy@gmail.com](mailto:bellaoleksy@gmail.com)

(978) 319-0933

## Hotels

Nearby hotels and motels that are available close to the race venue are the following:

- **Days Inn**  
481 Central Ave. Dover, NH 03820  
(603) 742-0400  
[http://www.daysinn.com/DaysInn/control/Booking/property\\_info?propertyId=05889](http://www.daysinn.com/DaysInn/control/Booking/property_info?propertyId=05889)
- **Holiday inn Express**  
*2 Main St. Durham NH 03820*  
(603) 868-1234  
<http://www.hiexpress.com/hotels/us/en/durham/durnh/hoteldetail>
- **Hampton Inn Dover**  
9 Hotel Drive, Dover, NH 03820  
(603) 516-5600  
<http://hamptoninn.hilton.com/en/hp/hotels/index.jhtml?ctyhocn=PSMDOHX>

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